

The GLO Guide to Organizing Clothes

by Kate Varness, CPO-CD

Rather than tackle the whole closet in one day, try these smaller steps:

- Pick **one type** of clothes (sweatshirts or suit jackets) then decide keep or donate.
- Pick **one color** of clothes (black or white) to see how much of each color you have, then keep or donate.
- Go from left to right in the closet, doing **12" at a time**, then keep or donate.
- Have a friend or on your own **sort clothes into sizes**. Go through each size starting with the size farthest from your current size. If you actually lose weight, reward yourself with clothes that are in style and feel good. If you must keep some "someday" clothes, be very selective with what you keep.
- Use a timer to work for 30 minutes from left to right, then stop when the timer goes off.

To be able to take a project in smaller steps, you will need:

- ✓ Empty boxes or heavy duty garbage bags for donate and discard categories
- ✓ A bag to take items to the dry cleaners
- ✓ Use bins to store clothes that you are saving for someday or if you are sorting a kid's closet and want to keep it for the next child
- ✓ A notepad--when you get interrupted, write the very next step you were going to take so you can easily find your place when you work on this project again
- ✓ A timer to keep the project from feeling overwhelming
- ✓ A clutter buddy to keep you on task or call Kate!

Questions for Organizing Clothes

- Does it fit?
- Does it look good on me?
- Have I worn it in the last year?
- How many white shirts do I need?
- Is it ugly?
- Is it hopelessly out of style?
- Does it fit with my current lifestyle?